

School leader well-being

Students with school leaders experiencing well-being challenges

Table SLT3.4 shows the number of students under the leadership of a school leader who is either 'Sometimes' or 'Often' experiencing well-being challenges in their role.

Table SLT3.4

Percentage of students who attended schools where leaders frequently experience issues related to wellbeing

Statements	Students
I experience stress in my work	<div><div></div></div> 83 % (2.3)
My job negatively impacts my mental health	<div><div></div></div> 37 % (3.4)
My job negatively impacts my physical health	<div><div></div></div> 31 % (2.5)
I have difficulty sleeping because I think about work-related issues	<div><div></div></div> 45 % (3.5)
I don't have time for my personal life because of my job	<div><div></div></div> 35 % (3.4)
I don't have time to eat healthily because of my job	<div><div></div></div> 31 % (3.3)
I don't have time to exercise because of my job	<div><div></div></div> 35 % (3.2)
I feel overwhelmed by my job	<div><div></div></div> 75 % (3.0)

Percentage of students who attended schools whose leaders frequently experienced issues related to wellbeing, Fiji, PILNA 2021

() Standard errors appear in parentheses.